



# Threading ON YOUR SLING

# PART



Find the ends of the sling and hold the end with the rings in one hand, with the white safety tag facing up, and the tail end in the opposite hand. Gather together the tail end until it is small enough to fit through the rings.



Put the tail end of the sling through both rings.



Keep pulling the tail through the rings until the tail length is equal to the length of the folded body of the sling. Separate the rings with your fingers.



Thread the tail end of the sling over the top ring & through the bottom ring.



Pull the fabric through the ring until there is about 3 inches of folded fabric remaining between the rings forming a bubble of fabric.



Spread the fabric bubble out by walking your fingers through the fabric so that it is gathered through the rings, with no folds of fabric and not twisted.



Grab the tail & lower body of the sling in one hand and the upper body of the sling in the other hand and pull tight. The bubble should disappear and the fabric should be evenly spread through the rings.



A perfectly threaded sling! Now you are ready to wear it!





# Dutting ON YOUR SLING

## PARTB



Decide which shoulder you want to bear your child's weight on. Hold the sling by the rings in the hand on the same side as your shoulder the sling will end up on. The 3 seams of fabric should be on top with the rings facing towards you.



Put your opposite arm through the sling.



Place the sling over your head.



The sling should create a sash across your body from shoulder to hip. The rings should be on the front of your body with the tail hanging down towards the floor in front of you. Place the rings on your shoulder.



Place your arm, folded at the elbow, into the pouch of the sling and push away from yourself. You don't want a lot of slack for your baby, so use your arm as a guide and tighten enough to fit your baby in.



Pull the edge of the tail closest to your body in and down to tighten the top rail of the sling, near your hand.



Pull the outer edge of the tail furthest from your body in and down to tighten the bottom rail of the sling, near your elbow.



Slide the rings up high on your shoulder. They will slide down when you put baby in and tighten and we want them to end up in "corsage position" after adjusting.

# YOUR BABY IN THE HEART-TO-HEART HOLD

### PART



Put your sling on with the rings high on your shoulder and hold baby on your opposite shoulder like you are going to burp her.



Place both of baby's legs through the sling, up to her bottom



Settle baby onto the still gathered up sling fabric, where her bottom is hanging just over the back side, and the fabric is bunched at the backs of her knees. This is the position you want her seated in after all adjustments are made.



With one hand supporting baby at all times, find the top edge of the fabric and begin to pull it up baby's back



The fabric should be spread from the back of baby's knees to the back of her neck.



Lean forward slightly and grab the fabric behind baby's knees and pull it up between your bodies, seating baby deeper into the pocket of the sling.



Lift baby's bottom slightly with the hand opposite the tail to keep the fabric slack, and begin to tighten the sling with the hand closest to the tail. Pull the edge of the tail closest to your body in towards your baby and down. This tightens the top edge of the sling near baby's neck.



Lifting baby's bottom again, pull the edge of the tail furthest from your body inward and down to tighten the bottom edge of the sling around baby's bottom and knees.





Ensure the shoulder fabric is capped over your shoulder, not bunched up on your neck.



Ensure the fabric across your back is not twisted and is spread comfortably.



#### **TIP #1**

To breastfeed an older baby or toddler in the sling, simply loosen the tail through the rings to slide baby down into position. Be sure to move her back up high and close enough to kiss after she is finished.

#### **TIP #2**

To ensure that the fabric is not twisted on your back, grab the top edge closest to your ear by the rings with one hand and behind your shoulder with the other and gently move as if you were drying your back. The fabric should move easily and not be tangled.



# Tinal look

Baby should be seated in an "M" position, with her knees higher than her bottom.Baby should be high enough on your chest so you can look down and see her face. Her body should be snug up against your body, so she can't curl into a position with her chin against her chest.

#### CARE

#### INSTRUCTIONS



Rinse in clean water after wearing in salt or chlorinated water to prolong the lifespan of the fabric



Machine wash warm



Do not bleach



Hang to dry



Do not iron



Fold carrier and store in a dry place when not in use



FAILURE TO FOLLOW THE MANUFACTURER'S INSTRUCTIONS CAN RESULT IN DEATH OR SERIOUS INJURY. ONLY USE THIS CARRIER WITH CHILDREN WEIGHING BETWEEN 8 AND 35 POUNDS.

#### **SUFFOCATION HAZARD:**

BABIES YOUNGER THAN 4 MONTHS CAN SUFFOCATE IN THIS PRODUCT IF FACE IS PRESSED TIGHTLY AGAINST YOUR BODY. BABIES AT GREATEST RISK OF SUFFOCATION INCLUDE THOSE BORN PREMATURELY AND THOSE WITH RESPIRATORY PROBLEMS.

- CHECK OFTEN TO MAKE SURE BABY'S FACE IS UNCOVERED, CLEARLY VISIBLE, AND AWAY FROM CAREGIVER'S BODY AT ALL TIMES.
- MAKE SURE BABY DOES NOT CURL INTO A POSITION WITH THE CHIN RESTING ON OR NEAR BABY'S CHEST. THIS POSITION CAN INTERFERE WITH BREATHING, EVEN WHEN NOTHING IS COVERING THE NOSE OR MOUTH.
- IF YOU NURSE YOUR BABY IN CARRIER, ALWAYS REPOSITION AFTER FEEDING SO BABY'S FACE IS NOT PRESSED AGAINST YOUR BODY.
- NEVER USE THIS CARRIER WITH BABIES SMALLER THAN 8 POUNDS WITHOUT SEEKING THE ADVICE OF A HEALTHCARE PROFESSIONAL.

#### **FALL HAZARD:**

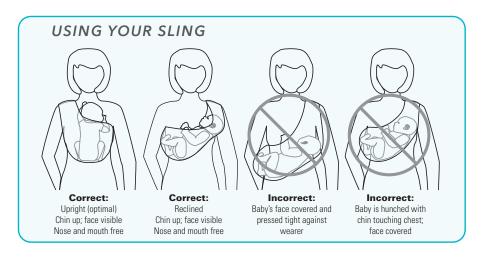
LEANING, BENDING OVER, OR TRIPPING CAN CAUSE BABY TO FALL. KEEP ONE HAND ON BABY WHILE MOVING.





## READ AND FOLLOW ALL PRINTED INSTRUCTIONS AND VIEW INSTRUCTIONAL VIDEOS (IF APPLICABLE).

- CHECK FOR RIPPED SEAMS, TORN STRAPS OR FABRIC, AND DAMAGED HARDWARE BEFORE EACH USE. IF FOUND, STOP USING CARRIER.
- ALWAYS CHECK TO ENSURE THAT ALL KNOTS, BUCKLES, SNAPS, STRAPS, AND ADJUSTMENTS ARE SECURE.
- ENSURE THAT THE BABY IS SAFELY POSITIONED IN THE SLING CARRIER ACCORDING TO MANUFACTURER'S INSTRUCTIONS FOR USE.
- NEVER LEAVE A BABY IN A SLING CARRIER THAT IS NOT BEING WORN.
- CHECK ON THE BABY OFTEN. ENSURE THAT THE BABY IS PERIODICALLY REPOSITIONED.
- NEVER USE A SLING CARRIER WHEN BALANCE OR MOBILITY IS IMPAIRED BECAUSE OF EXERCISE, DROWSINESS, OR MEDICAL CONDITIONS.
- NEVER PLACE MORE THAN ONE BABY IN THE SLING CARRIER. NEVER USE/WEAR MORE THAN ONE CARRIER AT A TIME.
- NEVER USE SLING CARRIER WHILE ENGAGING IN ACTIVITIES SUCH AS COOKING AND CLEANING WHICH INVOLVE A HEAT SOURCE OR EXPOSURE TO CHEMICALS.
- NEVER WEAR SLING CARRIER WHILE DRIVING OR BEING A PASSENGER IN A MOTOR VEHICLE.
- PLEASE USE A FLOTATION DEVICE FOR INFANTS





/ 100% polyester ✓ Machine wash warm ✓ Tumble dry

✓ Complete use & care instructions included



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